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Title: Book VII: Spirituality

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I laugh in the face of those who claim to be followers of the virtues and say they understand spirituality. A ridiculous concept that attempts to fool you into thinking you understand more about yourself and the world around you by some introspective awareness.

Here I speak from far greater experience than others who would preach on this virtue - there are two realms that we exist in: the physical and the ethereal. The physical realm is that of the present, filled with purpose and tangible elements. The ethereal is a realm of mists, a grey and dreary place that exists without needs or meaning. Linger too long in the ethereal and you will lose your way, your purpose, and eventually your own self.

Such is the world, and so I tell you there is no cause for any meaningless attempt at understanding how the virtues relate to one's self. The virtues simply ARE, and they can be followed or not. Such is the truth of the virtue of spirituality.